PRINCIPAL’S NEWS

“Hillston Got Talent.” Three words that encapsulate a fantastic evening of student performance that left the audience buzzing with admiration. Singing, dancing, magic and gymnastics all featured on the evening. The students who performed on the evening showed what great performers they were with a fine choice of songs, some very good costumes and an ability to involve the audience. The whole evening was full of highlights culminating in the performance that created rave reviews at KROP earlier this term. Congratulations to all performers. Congratulations to all the organisers particularly Miss Sarah Martin and Mrs Robin Bartholomew. The Stephanie Scott memorial was the beneficiary of the fund-raising on the evening. Approximately $3500 was raised. Thank you to the generosity of the audience and those business and individuals who supported the auctions and raffles.

Next week will be the P&C September meeting. All parents are welcome to become part of the meeting and contribute to discussions and ideas that directly contribute to the educational progress of the school and students. The various reports and topics provide a good basis for discussion as well as the opportunity to ask questions.

The school has been successful in gaining joint funding with the Department of Education to up-grade the Kindergarten play area. A commencement date has yet to be finalised but the project involves replacing the shade cloth with a solid COLA, creating sand pit at one end and replacing the soft-fall under the play equipment. In addition the soft-fall in the PMP area behind the K/1 and 1/2 classrooms will be replaced.

The NAPLAN results went home last week. This year the results continued the positive trends from previous years. The growth of most students has been very pleasing to see. Our growth is generally above state average. This data, even though it is based on one single occasion in a year, provides a valuable baseline of students’ achievement for teachers to work with. For example writing in year nine was not strong across the state. This will mean a renewed emphasis on students in years 7, 8 and 9 increasing the quality of their writing.

Steve Chapman
Principal

Hillston Central School taking enrolments for Kindergarten 2016
Year 7 and Year 11 enrolments also being taken now
Phone 69672277 to receive an information package
Primary Awards

Silver awards

Sportsmanship

Reading awards

Student of the Week
3-6 REWARD AFTERNOON
On Friday 28 August several students participated in a Fishing Reward Afternoon. The afternoon started with a talk from Kristy Tong about some of the different fish that are in the Lachlan. We then walked to near the skate park and tried our luck. While there were some nibbles on some fishing rods however we weren’t successful in catching a fish. All the students enjoyed their afternoon. We would like to thank Michael McRae for his help.

RAN MASTER CLASS LESSONS TERM 3
MONDAY 7TH SEPTEMBER & MONDAY THE 14TH SEPTEMBER 2015
Please find a list below of a schedule for the master class lessons. I have split them up into less experienced and more experienced students so that it will be easier for everyone.

9.00am  Ellie West, Ameila Hutchison Spence, Annette Burgess (Flute), Tina Mann (Flute),
9.30am  Hayley Burgess (Eupho) more experienced, Kaleb Dalton & Jen Maher (Eupho)
10.00am Naomi Raison (Trombone) & Ki Mann (Tuba)
10.30am Charlotte Bartholomew & Jorja Dalton, Jen Mathieson (trumpet)
11.00am Tahnaia Woods, Paige McKenzie, Ava Doyle (Trumpet)
11.30am Jade Neal & Nicholas Hutchison-Spence (Alto sax)
12.00pm Lisa Currie, Priyanka Jatan, Jordan Bartholomew, Ying Xing Li, Markaya Dalton, Rebecca Dalton (clarinet)
12.30pm Lily Caldwell, Maddison Caldwell, Emma Barrett
1.00pm  Emily Shaw- (Percussion)

Please be present at least five minutes before your lesson time, set up and ready to go.
Mrs Robin Bartholomew
FRUIT & VEG MONTH 2015 – LET’S GO GREEN!

Our school is participating in the fun of Fruit & Veg Month, which runs for the last 3 weeks of this term - Monday 31st August to Friday 18th September.

As part of Fruit & Veg Month, students will be involved in various classroom and school based activities that aim to encourage them to eat more fruit and vegetables.

Watch this space for updates. Or, better yet, ask your child what activities they have been involved in. It is a great way to bring the healthy eating message home!

Do you have fruit or veges to share?
Would you like to help primary students learn about fruit & veg?
Got any ideas for activities?
Want to grow some veges with us?
Want to do some cooking?

Please contact us!!

Mrs Murphy: Fruit & Veg Month School Coordinator

FRUIT & VEG MONTH HOMEWORK

Make a fruit / veg sculpture at home. Check out the internet for ideas, HILARIOUS!! Take a photo, print out A4 size (or send in to school to be printed). We will display in the foyer and award prizes for the most creative. (No rude ones please!)
Due Date– last day of this term
Enquiries Mrs Murphy
THE SRC JOIN WITH THE HILLSTON COMMUNITY TO SUPPORT DAFFODIL DAY!

Friday the 28th August was the day to support the cancer councils continuous fight against cancer. The cancer council NSW is a 97% community funded organization, who relies on the support of the many generous people out there to help them continue to their fight against cancer. This year the cancer council is aiming to raise over $9.7 million dollars to fund the cancer control initiatives, patient support and research services. In 2013/14 the cancer council provided $14.8m in funding to support research. It is a fact that 1 in 2 men and 1 in 3 women will be affected by cancer by the age of 85 and that more than 37,500 new cases of cancer are expected to be diagnosed in NSW every year.

The students and patrons of the Hillston Central School would like to thank the Hillston Community for their amazing contributions to this fantastic cause in helping us to contribute a total of $1347.05. This is a wonderful effort from a very caring and extremely generous community. Thank you to everyone who made a contribution to the success of the day. Thank you also to Mrs Sue Chapman and Mrs Dolly Bartholomew for assisting with student supervision during the morning and to school students Charlotte Bartholomew, Hayley Burgess, Ki Mann, Sophie Currie, Emily McIntosh and Nicholas Rhodes for manning the stall during the day.

YEAR 7 IMMUNISATIONS

On Tuesday the 15th of September, straight after assembly, Year 7 students will receive their third, and final dose of HPV (Human Papilloma Virus). This will be done at the school in the science building.

If for any reason, anyone wishes to withdraw their consent please either contact myself, or the front office at the school. Thank you in advance for your co-operation.

If anyone has any queries, please don’t hesitate to contact myself, Cherie Brettschneider, on 0427934406 between 8.30am and 4.00pm Monday to Friday.

YEAR 8 TECHNOLOGY

Year 8 have been working hard on their Bauhaus inspired letter holders this Term. The students were very creative and ensured that their unique designs were both functional and aesthetically pleasing. They are now working on their timber bird houses and should have excellent results before the end of term.
HILLSTON CENTRAL SCHOOL STUDENTS GIVEN THE OPPORTUNITY TO SIGN UP AS MEMBERS OF THE STATE SCHOOLS MILLENNIUM MARCHING BAND (MMB)

A couple of weekends ago 7 Hillston Central School students travelled to Sydney to experience playing music while moving to cleverly choreographed dance steps. The students of Hillston were amazed at the very talented members of the MMB who did not only sound amazing they were able to memorise all of their music, move to choreographed dance steps and create various formations all while playing their instruments. The students from Hillston were a little intimidated by all this, however they were willing to get involved, meet new people and learn a new and exciting way to play music.

Each day of the weekend consisted of sectional tutorials, followed by whole band rehearsal (on the basketball courts), this later progressed to warm-up games (including chasings, running etc...), fundamentals, choreography, and marching rehearsals out on the football oval. The students did not have the opportunity to sit once throughout the whole day, which was physically draining on them. It was however a lot of fun!

The MMB are state school organized marching band who come together once a month to rehearse in Sydney. Students travel from across the state to be a part of the band, and they are given the opportunity to play at many prestigious events including the Sydney ANZAC day services, weekend football matches, live art! Opera House and the amazing Schools Spectacular. These school holidays the MMB will also be touring the USA to show case their amazing musical talents and marching skills.

The students of Hillston Central School after their weekend experience now have the opportunity to become a part of this very unique and talented group of musicians and to be involved in all of these amazing events. We will be looking for support from the community as we seek to raise some funds so that our students can be involved in this fantastic musical opportunity.

A big thankyou to the host families Mr & Mrs Coffa and Mr & Mrs Laurich who willingly put up this group of students which made the experience affordable for all. Thank you also to Miss Coffa for her initiative in instigating the excursion.

Students involved included: Kaleb Dalton (trombone), Charolotte Bartholomew (Trumpet), Hayley Burgess (Baritone), Jenn Maher (Baritone), Emily Shaw (Percussion), Ellie West (Flute), Priyanka Jatan (Clarinet).

Congratulations to Breanna Kerr and William McInntosh for becoming Year 7’s Marvellous Mathematicians! They tied with the most Dojo points for the fortnight of weeks 6 and 7. What a fantastic effort!
VALID SCIENCE TEST—YEAR 10

The Validation of Assessment 4 Learning & Individual Development (VALID) Science test for Year 10 students will be held on Monday 7 September 2015.

VALID Science 10 contains multiple choice, short response and extended response tasks that are grouped around real-world issues, including scientific investigations. This is an online diagnostic test, with tasks framed on Stage 5 outcomes and essential content in the NSW Science Years K–10 Syllabus. Results of the test will be available during Term 4 2015. Letters will be sent home this week to parents and carers, providing more details about the VALID test. If you have any queries please contact Miss Butler at school.

Year 8 students will be completing their VALID test in Term 4.

YEAR 11 CROSSROADS

On Monday 14th and Tuesday 15th September (Week 10) Year 11 will be participating in the annual Crossroads course. This is a mandatory PDHPE course that looks at issues relating to relationships, mental health, personal identity, drugs and alcohol, safe travel and sexual relationships. The course is run at school in the VET IT room, however students will have different break/lunch times based on finishing times of course sections. We will therefore cook our own BBQ lunch on Monday and on Tuesday we will order Chinese. Students will also participate in a canoeing trip on Friday 18th September (last day of term) after the Year 12 Final Assembly. More information will be sent home regarding canoeing later.

Diverse Drumming Facilitator: Yacou Mbaye

Yacou was born in Dakar, Senegal and coming from a family of musicians, it is no wonder that from a tender age he exhibited a flair for music and dance. He has relocated to Australia a few years ago and performs in many diverse professional groups across the country. He specialises in the tama, dun duns and sabar. Yacou also has tutored African drumming and dance with community and school groups over many years. His energy for African music is contagious and inspiring.

Djembe Workshop Leeton, Years 5-10

Please return the expression of interest below if you are interested in an African drumming workshop (djembe) in Leeton on Wednesday October 7th. Ms Maher will be supervising and driving the bus. The cost will be $20 for workshop and bus. This is reward activity for students of consistently good behaviour, students on level 2 or above this term are ineligible to attend.

Official permission/ medical forms will be sent out if the workshop proves to be viable.

note: love drumming?? Rachel will be at school later in the term with a van filled with djembes to workshop with secondary students.

My child ____________________ would like to attend the djembe drumming workshop in Leeton an Wednesday October 7th. I enclose $20 to cover workshop and transport costs.

Parent name________________________________________

Parent Signature______________________________________

Date_______________________________________________

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Last Wednesday night, the Hillston community filled our school hall to watch the SRC’s Hillston Central’s Got Talent. William McIntosh and Delcie Coonan hosted the night with acts including singing, percussion, magic tricks, gymnastics and story telling. Thank you to William Knight and Breanna Kerr for their help with music and back stage. The night was well attended and enjoyed by all. It was a fantastic chance for our students to show off their talents. In addition to this, it was an opportunity for our school community to support the Stephanie Scott Memorial fund. On the night was raised a whopping $2718.95! Once we add all the donations to that we will be contributing close to $3500! A massive effort from a small community.

Thank you to the SRC staff and students for their efforts in putting the night together. We have a young, enthusiastic SRC this year and it is great to see their ideas come to fruition. I’m sure we will continue to hold similar events into the future.
**P&C FATHERS DAY STALL**

When: Thursday 3rd and Friday 4th Sept, from the start of recess until the end of lunch

Where: Under the cola

Gifts range from $2.50 to $10

A selection of great quality gifts on sale; drink bottles, can coolers, mugs, USBs, insulated coffee mugs, stainless steel water bottles, camp lights, pens, tape measures, BBQ tools, beanies, socks and much more!

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**P & C Annual Roadside Cleanup**

One of our major fundraisers is on again! The Carrathool Shire has approved our stretch of road and are paying us to clean up the roadsides. No setting up or cooking required, just a walk in the sunshine.

When: **Saturday 19th September, 2015**

Time: 8.30 AM

Where: Meet at Mt Erin (Kent Burgess) Driveway for induction and safety briefing

What to Bring: gloves, hat, water bottle

Get fit, and clean up our roads at the same time.

Purple merits up for grabs!!

Please contact Kent if you can come along

0428 672 530 or by email at kentandjo01@bigpond.com

Funds raised go directly to school programs. Come along and support your kids education!
HILLSTON SHOW 2016

The schedule for the 126th Annual Hillston Show has been released and students are encouraged to decide what sections they might enter. The show is to be held on Saturday 26th September. As well as the art, craft, and photography sections there are some activities that students will enjoy. There’s the Bushman’s relay where the junior comp for under 18 years needs a team of 3, including one female, entry fee of $10 and the open section, 18+, which has the same team requirements but an entry fee of $30. Up for the challenge? Get your team organised now and see if you really have bushman skills! Students could also enter the Junior Culinary section and bake scones or cakes or decorate Arrowroot biscuits. There are two sections that might interest junior gardeners—the Garden Produce section and the Scarecrow competition, from preschool to open. Begin collecting suitable “scarecrow” material and see what you can create. The Schoolwork Class has a variety of drawing, painting, printmaking, digital and sculptural sections.

COMMUNITY NEWS

CWA Awareness Week
5-12th September : Hillston
CWA Hall Open
Tuesday & Thursday 2-4pm.
Come along and see what the local Branch are up to.
Stay for a cuppa and a chat.
Children’s Italy projects will also be on display.
All welcome!

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CLASS S – SCHOOLWORK
Entries Close FRIDAY 18th SEPTEMBER
Steward: Marlene MacDonald
All Exhibits must be in the hands of the Secretary no later than 2pm. All exhibits in this Class to be the bona-fide work of the exhibitor.

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NAVY BLUE SCHOOL SKIRTS (BRAND NEW WITH TAGS)
Were $30 NOW $20
BE QUICK THEY WON’T LAST LONG AT THIS PRICE

THE P&C SECONDHAND UNIFORM SHOP WILL NOW BE OPEN ON MONDAY, WEDNESDAY, FRIDAY FROM 8:30AM TO 9:30 AM AND THURSDAY FROM 3:30-4:30PM FOR ALL OTHER TIMES PLEASE CONTACT KATIEANNE ON 0423513246

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ITALIAN MEATBALL

Demonstration with tasting

Hilda and Laurie of the Yarra Valley, first generation Italians are passionate about their recipes and would love to share them with you.

Authors of Wow! Its Italian Gourmet Cook Book

Venue: Carrathool Shire Library
Location: 175 High Street, Hillston
Date: Thursday, 24 September 2015
Time: 10.30 – 11.30 am
Phone: 02 6967 2503 (Bookings Essential)

Junior Cattle
Judging & Parader’s Competition

At the 90TH Lake Cargelligo Show
Saturday, 5th September, 2015

9.00 am - Registration

10.00 am – Judging & Parader’s Workshop

11.00 am – Competition begins (closed in shoes must be worn)

Notice, Intermediate & Open Sections

Min age of 8 years for Competitors. No experience necessary – just come and have a go!

Workshop Presenter and Judge: Mr Phil Hague

Sponsored by Elders Lake Cargelligo

Contact: Judy Hague 0477 966 672 or Kerrie Johnston 0428 665 355

Come to a unique, fabulous and fun personal development day with Sandra and Natalie

Calling all... Wild wacky women

www.wildwackywomen.org

Carrathool Shire Council Hillston District Office

Sunday 20th September, from 9.30am to 4pm

Morning tea and a light lunch will be provided

RSVP essential for catering to:

Linda McLean 0416 235 759   lmclean@rfsnsw-sr.com.au

Or call Ros Ruskin Rowe from House With No Steps on 0403 699 846 for further information

This free event is part of the Australian Government’s Drought Assistance Package

Natalie Shepherd

Know your core values and silence the negative thoughts to create a better life

Sandra Martin

When you feel good, you walk tall respecting yourself and then others respect you too.
What is whooping cough?

Whooping cough can be a life threatening infection in babies. Whooping cough in babies can lead to apnoea (pauses in normal breathing), pneumonia, feeding problems and weight loss, seizures, brain damage and, in some cases, death. Older children and adults can get whooping cough too and pass it on to babies.

What are the symptoms?

Whooping cough usually begins like a cold with a blocked or runny nose, tiredness, mild fever and a cough.

The cough gets worse and severe bouts of uncontrollable coughing can develop. Coughing bouts can be followed by vomiting, choking or taking a big gasping breath which causes a "whooping" sound. The cough can last for many weeks and can be worse at night.

Some newborns may not cough at all but they can stop breathing and turn blue. Some babies have difficulties feeding and can choke or gag.

Older children and adults may just have a cough that lasts for many weeks. They may not have the whoop.

How is it spread?

Whooping cough is spread when an infectious person coughs bacteria into the air which can be inhaled by people nearby. If they are not treated early, people with whooping cough are infectious in the first three weeks of their illness.

Whooping cough spreads easily through families, childcare centres and at school.

Who is at risk?

Anyone can get whooping cough. People living in the same household as someone with whooping cough are especially at risk.

Immunisation reduces the risk of infection but immunity fades over time. You can still get whooping cough even if you've been immunised.

How is it prevented?

Whooping cough vaccines provide good protection from infection but immunity fades which means that boosters are needed.

Immunisation for babies

Babies need to be immunised at 2 months, 4 months and 6 months. The first dose can be given as early as 6 weeks of age.

Getting your baby vaccinated on time gives them some protection when they are most at risk of severe illness.

If your baby's vaccines are overdue, see your GP now to catch up.
Immunisation for older children

A whooping cough booster is needed at 4 years of age.

Check if your child has been vaccinated. Look at their Blue Book, speak to your GP or ring the Australian Childhood Immunisation Register on 1800 653 809.

A second whooping cough booster is given in high school through the NSW School –based Vaccination Program.

Immunisation for adults

A booster for adults is recommended for:

Women who are in the third trimester of pregnancy, preferably at 28 weeks. Free vaccine is provided in NSW through Gps and hospital antenatal clinics.

Other adult household members, grandparents and carers of infants under 12 months of age.

Adults working with young children, especially health care and child care workers.

If you are a close contact of someone with whooping cough:

If you have been exposed to someone with whooping cough early in their illness while they are infectious, watch out for symptoms and see your doctor if you get a new cough.

Some babies and some pregnant women need antibiotics to prevent whooping cough infection if they have had significant contact with an infectious person.

How is it diagnosed?

Your doctor may ask about your symptoms and whether there you've had any contact with whooping cough. If your doctor thinks you have whooping cough, a swab from the back of the nose or throat can confirm the diagnosis.

How is it treated?

Some babies may need treatment in hospital or in intensive care.

Antibiotics are used to treat whooping cough in the early stages and can help prevent spreading whooping cough to others. People who are not treated early with the right antibiotics can spread the infection in the first 3 weeks of their illness. After 5 days of antibiotics, you are normally no longer infectious.

The cough often continues for many weeks, despite antibiotics.

What is the public health response?

Doctors and laboratories must confidentially notify cases of pertussis to the local Public Health Unit. Public Health Unit staff can advise on the best way to stop further spread.

Infectious children are restricted from going to pre-school and school. Unimmunised contacts may be excluded from child care unless they take the special antibiotics.

Identify - Protect – Prevent


For further information please call your local Public Health Unit on 1300 066 055 or visit the New South Wales Health website www.health.nsw.gov.au
Tell Them From Me – Student Survey

This term, your school is taking part in the Tell Them From Me student survey. The survey will provide us with valuable feedback on what our students think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the Tell Them From Me survey to help them improve. The survey is completed on-line and is run by an independent research company, The Learning Bar, which specialises in school-based surveys.

Staff in schools will not be able to identify individual students from their responses. To ensure confidentiality, participating students will receive a unique username and password. Where fewer than five students respond to a question, the results will be suppressed. The survey typically takes 30 minutes or less to complete and will be administered by the school during normal school hours. Once the surveys are completed by students, reports are prepared and in most cases are available to schools within three business days.

This survey will help your school better understand how to improve student wellbeing and engagement. It will help the school identify what works to improve student outcomes. Participating in the survey is entirely voluntary.

If you do not want your child to take part in the survey, please complete the attached form and return it to school by Monday 7th of September 2015.

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Tell Them From Me Student Feedback Survey non-consent form

If you do not want your child to participate in the student feedback survey, please sign this form and return it to school by Monday 7th of September 2015.

I DO NOT give consent for my child/children to participate in the Tell Them From Me student feedback survey.

Name of student/s ……………………………………………………………………………………………………………………………………………………………………………………

Roll class/es ……………………………………………………………………………………………………………………………………………………………………………………

Name of parent/carer ……………………………………………………………………………………………………………………………………………………………………………………

Signature of parent/carer ……………………………………………………………………………………………………………………………………………………………………………………

Date ………………………………………